Contact and Location of Breast Care Nurses

Available Monday to Friday, 8am - 4:30pm Westmead Hospital*

Corner Darcy Road & Hawkesbury Rd, Westmead NSW 2145

02 8890 5656 Breast Care Nurse - leave a recorded message 02 8890 5555 Westmead Hospital

Alternatively, email the breast care nurses at WSLHD-BCINurses@health.nsw.gov.au

Auburn Hospital*

Norval Street, Auburn NSW 2144 0428 967 845 Breast Care Nurse 02 8759 3000

Blacktown Hospital*

Blacktown Road, Blacktown NSW 2148 0427 851 829 0407 589 754

Mt Druitt Hospital*

75 Railway Street, Mt Druitt NSW 2770 0427 851 829 0407 589 754

Nepean Hospital*

Derby Street, Kingswood NSW 2340 0409 699 105 0436 397 684 0447 456 822 02 4734 3500

*If you are unable to contact a nurse at any of these hospitals, please call or email the BCN at Westmead.

Supporting People with Breast Cancer Today and Every Day

- Providing screening, diagnosis, treatment and care by expert teams
- With world-class research, education and innovation
- Engaging the help of our community and supporters
- To shine a Ray of Hope



PO Box 143 Westmead NSW 2145 T +61 2 8890 6728 F +61 2 8890 7246 www.bci.org.au



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Reviewed by consumers, and scientific and plain-English editors.

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IMPORTANT At all times you should rely on the expert judgement of your medical advisor(s). This information guide is not a substitute for medical advice. It is designed to help you understand and discuss your treatment.

Image: Westmead BCI

Breast Care Nurse

Westmead Breast Cancer Institute



What is a Breast Care Nurse?

A breast care nurse (BCN) is a registered nurse who has specialised experience and knowledge in breast care nursing.

Breast care nurses are members of the multidisciplinary team caring for people with breast cancer. Other members of the team at the Westmead Breast Cancer Institute and its affiliated hospitals include surgeons, radiation oncologists, medical oncologists, breast physicians, clinical geneticists, pathologists, radiologists, radiation therapists, occupational therapists, physiotherapists, dieticians, social workers and other specialised nurses.

Breast care nurses are available to give you and your family information and support before and after surgery and during your ongoing treatment for breast cancer. If you have any questions about your treatment, the plans for your hospital admission or about caring for yourself after surgery or during other treatments, you can call the breast care nurse for advice



Role of a Breast Care Nurse

The role of a breast care nurse is to:

- > Provide support, education and information to people with breast cancer, their family and those who care for them.
- > Provide high standards of treatment in breast care nursing.
- > Provide coordinated care, including information and referral to other support services and resources available in the hospital and community.
- > Inform people about research and clinical trials.
- > Provide leadership in the area of breast care nursing within the hospital and wider community.

A Breast Care Nurse is available to:

- > Answer your questions.
- > Explain your treatment.
- > Provide you information on treatment for breast cancer.
- > Explain what happens during your stay in hospital.
- > Visit you during your stay in hospital.
- > Provide emotional support.
- > Organise support for you when you leave hospital if needed.
- > Provide information on breast prostheses and breast reconstruction.
- > Help you look after your wound after your operation.
- > Refer you to other services if needed.
- > Act as a link with all members of the treatment team.
- > Coordinate your care from the time you are diagnosed with breast cancer, through your treatment and follow-up.

Contact

Westmead Breast Cancer Institute (BCI) 8890 8888

Crown Princess Mary Cancer Care Centre 8890 8530

Blacktown Cancer Care Centre 9881 8421

Nepean Cancer Care Centre 4734 3500

Westmead BCI Research & Clinical Trials Nurse 0417 864 100

Westmead Physiotherapy / Occupational Therapy 9845 6500

Westmead Social Work Department 8890 6699

Aboriginal Liaison Officer 8890 6699 or 0400346112

Telephone and Interpreting Service (TIS National) 131 450

McGrath Foundation 8962 6100 www.mcgrathfoundation.com.au

Useful contacts/websites

Cancer Australia	canceraustralia.gov.au
Cancer Council	cancer.org.au
Cancer Council Helpline	13 11 20
Breast Cancer Network Australia (BCNA)	1800 500 258 bcna.org.au