Supportive Care Yoga Calendar 2021			
Day &	Tuesday	Thursday	Supportive Care Yoga (SCY) class calendar runs according to
Time	6PM - 7.30PM	11AM - 12.30PM	the four New South Wales public school terms. Classes are
NSW Term 1 January 27 th – April 1 st			scheduled twice weekly on Tuesdays from 6 pm to 7:30 pm
Week 1	February 2 nd	February 4 th	and Thursdays from 11 am to 12:30 pm. Participants are
Week 2	February 9 th	February 11 th	welcome to attend either or both classes.
Week 3	February 16 th	February 18 th	
Week 4	February 23 rd	February 25th	SCY classes are held in Seminar room 7, Located on Level 2 of
Week 5	March 2 nd	March 4 th	Westmead Education and Conference Centre (WECC),
Week 6	March 9 th	March 11 th	Westmead Hospital.
Week 7	March 16 th	March 18th	https://www.wslhd.health.nsw.gov.au/Westmead-
Week 8	March 23 rd	March 25 th	Hospital/Patient-Visitor-Information/Maps-and-Directions
Week 9	March 30 th	April 1 st	
Two weeks break			Up-to-date COVID-19 safety measures can be checked here
NSW Term 2 April 19 th – June 25 th			https://www.wslhd.health.nsw.gov.au/hospital-visiting-
Week 1	April 20 th	April 22nd	hours-during-covid-19/hospital-visiting-hours-during-covid-19
Week 2	April 27 th	April 29th	
Week 3	May 4 th	May 6th	Adherence to WSLHD regulatory requirements may include
Week 4	May 11th	May 13th	compulsory screening upon entry to Westmead. Please, get
Week 5	May 18th	May 20th	tested and stay at home if you have any symptoms or have
Week 6	May 25 th	May 27 th	been in contact with any positive cases.
Week 7	June 1st	June 3rd	CCV as the instant of the second interaction of the second s
Week 8	June 8th	June 10th	SCY participant safety precautions. During peak COVID-19
Week 9	June 15th	June 17th	restrictions physical distancing measures will be monitored to
Week 10	June 22nd	June 24th	a five-person limit in the seminar room. Easing will allow 8-
Two weeks break			person capacity and under normal circumstances 12-persons. An RSVP is requested to ensure the appropriate use of space.
NSW Term 3 July 12 th – September 17 th			Floor markers will indicate measured mat position areas.
Week 1	July 13th	July 15th	FIOOF markers will mulcate measured mat position areas.
Week 2	July 20th	July 22nd	SCY equipment is cleaned and stored on site within WECC.
Week 3	July 27 th	July 29 th	However, you may wish to use your own mat and blanket.
Week 4	August 3 rd	August 5th	Sanitiser, hygienic wipes, disposable masks and gloves are
Week 5	August 10th	August 12th	available, although you may prefer to use your own products.
Week 6	August 17th	August 19th	Please sanitise and sign the roll/ declaration upon entry.
Week 7	August 24th	August 26th	rease summer and sign the roly declaration upon entry.
Week 8	August 31 st	September 2 nd	The SCY calendar WECC seminar room reservations are
Week 9	September 7th	September 9 th	confirmed for 2021. Please note, periodic changes may occur.
Week 10	September 14th	September 16th	Should there be a room change that is notified in advance you
Two weeks break			will receive an update via email or mobile text message.
NSW Term 4 October 5 th – December 17th			
Week 1	October 5th	October 7 th	In the event that the WECC team need to make a room
Week 2	October 12th	October 14 th	change and reallocate the yoga group at short notice, please
Week 3	October 19th	October 21 st	check the Seminar 7 notice board or speak to a technician in
Week 4	October 26 th	October 28 th	the WECC office. Alternatively contact the SCY teacher by
Week 5	November 2nd	November 4th	messaging or calling 0431944929.
Week 6	November 9th	November 11th	Generally, SCY will be allocated another room on Level 2,
Week 7	November 16th	November 18th	although, a Level 1 room may be the only alternative.
Week 8	November 23rd	November 25th	
Week 9	November 30th	December 2nd	Thank you for your consideration of the WECC management,
Week 10	December 7th	December 9th	co-users and facilities.
CLOSE - End of year S			See WECC Map's on the following pages



Westmead Education and Conference Centre (WECC) Westmead Hospital Level 2, Education Block

WECC Level Two



