Contact and Location of Breast Care Nurses

Westmead and Mt Druitt Hospitals*

Westmead Hospital

Darcy Rd & Hawkesbury Rd, Westmead NSW 2145 Phone 02 9845 5606 (and leave a recorded message) or

Mobile 0409 66 26 73

or

02 9845 5555 and ask for page 22641 or 27817

Available Monday to Friday, 8am - 4:30pm

or

email the breast care nurses at bci-breastcarenurses@health.nsw.gov.au

Auburn Hospital*

Auburn Hospital

Norval Street, Auburn NSW 2144

Phone 02 8759 3504 (and leave a recorded message)

or

02 8759 3000 and ask for page 5745

or

Mobile 0428 96 78 45

Available Monday to Friday, 8am - 4:30pm

Nepean Hospital*

Nepean Hospital

Derby Street, Kingswood NSW 2340

Phone 02 4734 4439 (and leave a recorded message)

or

02 4734 2000 and ask for page 26165

or

Mobile 0408 28 62 39

Available Monday to Friday, 8am - 4:30pm

*If you are unable to contact a nurse at Auburn, Mt Druitt or Nepean Hospital, please phone the BCN at Westmead. Alternatively, you can email the breast care nurses at bci-breastcarenurses@health.nsw.gov.au

Supporting People with Breast Cancer Today and Every Day

- Providing screening, diagnosis, treatment and care by expert teams
- orld-class research, education and innovation
- * Engaging the help of our community and supporters
- of Hope & Ray of Hope



BCI breast cancer institute

PO Box 143 Westmead NSW 2145 T +61 2 8890 6728 F +61 2 8890 7246 www.bci.org.au





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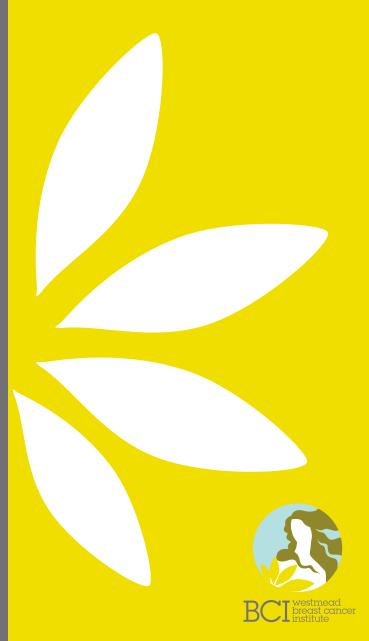
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IMPORTANT At all times you should rely on the expert judgement of your medical advisor(s). This information guide is not a substitute for medical advice. It is designed to help you understand and discuss your treatment.

Image: Westmead BCI

Breast Care Nurse

Westmead Breast Cancer Institute



What is a Breast Care Nurse?

A breast care nurse (BCN) is a registered nurse who has specialised experience and knowledge in breast care nursing.

Breast care nurses are members of the multidisciplinary team caring for women and men with breast cancer.

Other members of the team at the Westmead Breast Cancer Institute and its affiliated hospitals include surgeons, radiation oncologists, medical oncologists, breast physicians, clinical geneticists, pathologists, radiologists, radiation therapists, occupational therapists, physiotherapists, dieticians, social workers and other specialised nurses.

Breast care nurses are available to give you and your family information and support before and after surgery and during your ongoing treatment for breast cancer. If you have any questions about your treatment, the plans for your hospital admission or about caring for yourself after surgery or during other treatments, you can call the breast care nurse for advice.



Role of a Breast Care Nurse

The role of a breast care nurse is to

- > Provide support, education and information to women and men with breast cancer, their family and those who care for them.
- > Provide high standards of treatment in breast care nursing.
- > Provide coordinated care, including information and referral to other support services and resources available in the hospital and community.
- > Inform people about research and clinical trials.
- > Provide leadership in the area of breast care nursing within the hospital and wider community.

A Breast Care Nurse is available to:

- > Answer your questions.
- > Explain your treatment.
- > Provide you information on treatment for breast cancer.
- > Explain what happens during your stay in hospital.
- > Visit you during your stay in hospital.
- > Provide emotional support.
- > Organise support for you when you leave hospital if needed.
- > Provide information on breast prostheses and breast reconstruction.
- > Help you look after your wound after your operation.
- > Refer you to other services if needed.
- > Act as a link with all members of the treatment team.
- > Coordinate your care from the time you are diagnosed with breast cancer, through your treatment and follow-up.

Useful Telephone Numbers

Westmead Breast Cancer Institute Clinic 9845 8888

Westmead Radiation Oncology Department 9845 5200

Westmead Chemotherapy Day Unit 9845 6742

Nepean Cancer Care Centre 4734 3500

Blacktown Chemotherapy Day Unit 9881 8047

Westmead BCI Support Group 9845 9682

supportservicesinfo@bci.org.au

Westmead Lymphoedema Clinic 9845 6500

Occupational Therapy Department 9845 6500

Physiotherapy Department 9845 6500

Social Work Department 9845 6699

Aboriginal Liaison Officer 02 98456699 or 0400346112

Translating and Interpreting Service (TIS National) 131 450

Breast Cancer Network Australia 1800 500 258

www.bcna.org.au

McGrath Foundation 8962 6100

www.mcg rath foundation.com.au

The Cancer Council Helpline

13 11 20

BreastScreen NSW 13 20 50