



Supportive Care Yoga 2021

Partnering with Westmead Breast Cancer Institute. Providing Continuing Care For people undergoing Breast Cancer Treatment, Recovery and Survivorship.



The Birth of Venus by Simon Botticelli (1485). Illustration by Simon Abranowicz (2020)

Integrative Health & Wellness Practices

Times: Tuesday's 6.00PM-7.30PM & Thursday's 11.00AM-12.30PM

Dates: Term 1. February 2nd – April 1st

Term 2. April 20th – June 24th

Term 3. July 13th – June 24th

Term 4. October 5th – December 9th

Lessons are delivered live face to face & on screen

Connect with others who have lived BC experience via SCY Facebook & Zoom

Cost: First class free. \$90 for each 10-class pass (no expiry)

Payments: Cash or card to Westmead Cashier: 8890 9695 Code: 366906

Online <https://quickstream.westpac.com.au/OnlinePaymentServlet2>

R.S.V.P. Advise the teacher when you can commence SMS: 0431 944 929

Provide your contact phone & email to receive your welcome information.