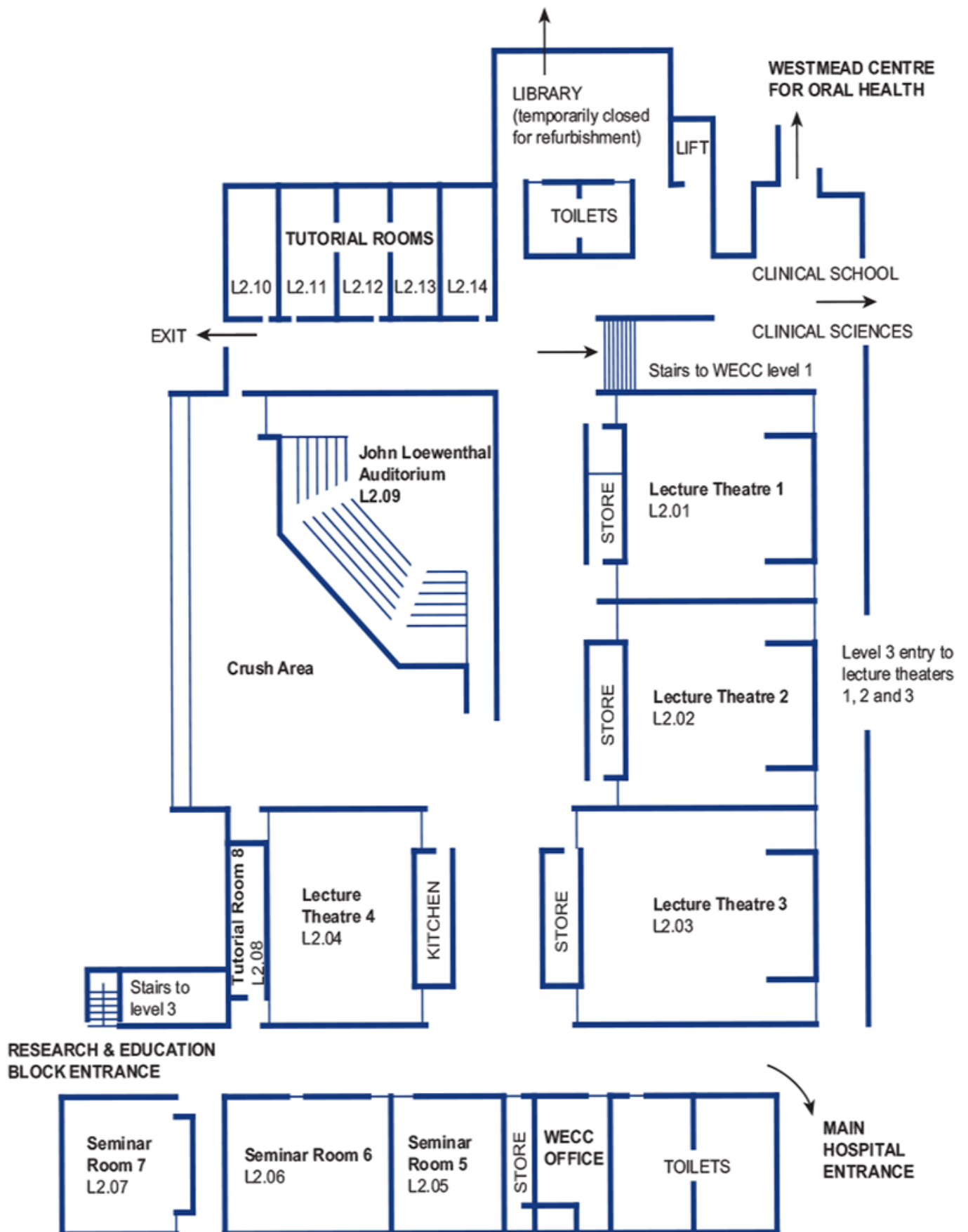




## Supportive Care Yoga Calendar 2021

Day & Time	Tuesday 6PM - 7.30PM	Thursday 11AM - 12.30PM	<p>Supportive Care Yoga (SCY) class calendar runs according to the four New South Wales public school terms. Classes are scheduled twice weekly on Tuesdays from 6 pm to 7:30 pm and Thursdays from 11 am to 12:30 pm. Participants are welcome to attend both classes.</p> <p>SCY classes are held in Seminar room 7, Located on Level 2 of Westmead Education and Conference Centre (WECC), Westmead Hospital.  <a href="https://www.wslhd.health.nsw.gov.au/Westmead-Hospital/Patient-Visitor-Information/Maps-and-Directions">https://www.wslhd.health.nsw.gov.au/Westmead-Hospital/Patient-Visitor-Information/Maps-and-Directions</a></p> <p>During COVID-19 up to date safety measures can be expected  <a href="https://www.wslhd.health.nsw.gov.au/hospital-visiting-hours-during-covid-19/hospital-visiting-hours-during-covid-19">https://www.wslhd.health.nsw.gov.au/hospital-visiting-hours-during-covid-19/hospital-visiting-hours-during-covid-19</a></p> <p>Adherence to WSLHD regulatory requirements may include compulsory screening upon entry to Westmead. Please, get tested and stay at home if you have any symptoms or have been in contact with any positive cases.</p> <p>SCY participant safety precautions. During peak COVID restrictions physical distancing measures will be monitored and a five-person limit in the seminar room. Easing will allow 8-person capacity and under normal circumstances 12-persons. An RSVP is expected to allow for appropriate use of space. Floor markers will indicate measured mat use areas.</p> <p>SCY equipment is cleaned and stored on site within WECC. However, you wish to may use your own mat and blanket. Sanitiser, hygienic wipes, disposable masks and gloves are available, although you may prefer to use your own products. Please sanitise and sign the declaration upon entry.</p> <p>The SCY calendar WECC seminar room reservations are confirmed. Please note, periodic changes may occur. Should there be a room change that is notified in advance you will receive an update via email or mobile text message. In the event that the WECC team need to make a room change and reallocate the yoga group at short notice, please check the Seminar 7 notice board or speak to a technician in the WECC office. Alternatively contact the SCY teacher. Generally, SCY will be allocated another room on Level 2, although, a Level 1 room may be the only alternative.</p> <p>Thank you for your consideration of the WECC management co-users and facilities.</p>
NSW Term 1 January 27 <sup>th</sup> – April 1 <sup>st</sup>			
Week 1	February 2 <sup>nd</sup>	February 4 <sup>th</sup>	
Week 2	February 9 <sup>th</sup>	February 11 <sup>th</sup>	
Week 3	February 16 <sup>th</sup>	February 18 <sup>th</sup>	
Week 4	February 23 <sup>rd</sup>	February 25 <sup>th</sup>	
Week 5	March 2 <sup>nd</sup>	March 4 <sup>th</sup>	
Week 6	March 9 <sup>th</sup>	March 11 <sup>th</sup>	
Week 7	March 16 <sup>th</sup>	March 18 <sup>th</sup>	
Week 8	March 23 <sup>rd</sup>	March 25 <sup>th</sup>	
Week 9	March 30 <sup>th</sup>	April 1 <sup>st</sup>	
Two weeks break			
NSW Term 2 April 19 <sup>th</sup> – June 25 <sup>th</sup>			
Week 1	April 20 <sup>th</sup>	April 22 <sup>nd</sup>	
Week 2	April 27 <sup>th</sup>	April 29 <sup>th</sup>	
Week 3	May 4 <sup>th</sup>	May 6 <sup>th</sup>	
Week 4	May 11 <sup>th</sup>	May 13 <sup>th</sup>	
Week 5	May 18 <sup>th</sup>	May 20 <sup>th</sup>	
Week 6	May 25 <sup>th</sup>	May 27 <sup>th</sup>	
Week 7	June 1 <sup>st</sup>	June 3 <sup>rd</sup>	
Week 8	June 8 <sup>th</sup>	June 10 <sup>th</sup>	
Week 9	June 15 <sup>th</sup>	June 17 <sup>th</sup>	
Week 10	June 22 <sup>nd</sup>	June 24 <sup>th</sup>	
Two weeks break			
NSW Term 3 July 12 <sup>th</sup> – September 17 <sup>th</sup>			
Week 1	July 13 <sup>th</sup>	July 15 <sup>th</sup>	
Week 2	July 20 <sup>th</sup>	July 22 <sup>nd</sup>	
Week 3	July 27 <sup>th</sup>	July 29 <sup>th</sup>	
Week 4	August 3 <sup>rd</sup>	August 5 <sup>th</sup>	
Week 5	August 10 <sup>th</sup>	August 12 <sup>th</sup>	
Week 6	August 17 <sup>th</sup>	August 19 <sup>th</sup>	
Week 7	August 24 <sup>th</sup>	August 26 <sup>th</sup>	
Week 8	August 31 <sup>st</sup>	September 2 <sup>nd</sup>	
Week 9	September 7 <sup>th</sup>	September 9 <sup>th</sup>	
Week 10	September 14 <sup>th</sup>	September 16 <sup>th</sup>	
Two weeks break			
NSW Term 4 October 5 <sup>th</sup> – December 17 <sup>th</sup>			
Week 1	October 5 <sup>th</sup>	October 7 <sup>th</sup>	
Week 2	October 12 <sup>th</sup>	October 14 <sup>th</sup>	
Week 3	October 19 <sup>th</sup>	October 21 <sup>st</sup>	
Week 4	October 26 <sup>th</sup>	October 28 <sup>th</sup>	
Week 5	November 2 <sup>nd</sup>	November 4 <sup>th</sup>	
Week 6	November 9 <sup>th</sup>	November 11 <sup>th</sup>	
Week 7	November 16 <sup>th</sup>	November 18 <sup>th</sup>	
Week 8	November 23 <sup>rd</sup>	November 25 <sup>th</sup>	
Week 9	November 30 <sup>th</sup>	December 2 <sup>nd</sup>	
Week 10	December 7 <sup>th</sup>	December 9 <sup>th</sup>	
CLOSE - End of year			See WECC Map's on the following pages

## WECC Level Two



# WECC Level 1

